



Australia Day Kids Triathlon

swim ride run



Western Suburbs Triathlon Club are holding a triathlon just for kids!

Date: Wednesday 26th January, 2011

Time: Compulsory registration at 9.00am, race starts at 10.00am

Where: Altona Surf Life Saving Club
127 Esplanade Street Altona

Distances	Swim	Ride	Run
7 – 8 years	50m	1km	400m
9 – 10 years	100m	3km	500m
11 – 12 years	200m	4km	1km



Each child will receive a medal and finishers certificate.

Participants need to bring:

- Swim suit, goggles and swim cap (swim caps may be purchased on the day)
- A safe bike – either BMX, road or mountain bike
- Helmet (ASSA approved)
- T-shirt, socks and runners

Entries: Pre race entry \$20, on the day entry \$25 (race day entries and giveaways subject to capacity)

The roads will be closed to traffic.

For further details and to enter online visit www.wstc.org.au